

## Children's Services Newsletter



### 3BRIDGES COMMUNITY INFORMATION:

To all of our families/caregivers,

Welcome to our 2019 Term 3 Newsletter. As you will see, the children and Educators have enjoyed lots of fun, play and learning in Term 3.

Our April Vacation Care programs at Penshurst, Summer Hill, Narwee, Mascot and Rockdale are packed with fun experiences and include:

- ♦ Excursions such as movies, Zone Bowling, Park play, Lollipops Playland, Carnival Day, Powerhouse Museum, Museum of Contemporary Art, Gunnamatta Bay
- ♦ In centre fun includes cooking workshops, Cool kids first aid, Silent disco, Rainbow warriors, Craft workshops, Macrame with Create with us & a kids spa and hair day with Christie.

See programs, booking forms & enrol at <http://www.afterschoolcare.org.au> or collect programs and booking forms from your child's OOSH Service.

**NOTE: Priority will be given to bookings received by Wed 25th Sept 2019**

*There is no need to confirm as we will let you know if your child has missed out on care or excursion/ incursion.*

Once our program has commenced, check availability by phoning 1300 327 434 and selecting 1 for children's services.

We acknowledge the Traditional owners of the land on which we meet, walk, work and live.  
We acknowledge the elders past and present and the care they have given this country.

### MESSAGE FROM ADMIN:

**\* Electronic Sign In/ Out to claim Child Care Subsidy**

### VACATION CARE:

Monday 30th September to 11th October at:

- Penshurst
- Summer Hill
- Rockdale
- Mascot
- Narwee

Check programs for dates at <http://www.afterschoolcare.org.au>

♦ Before & After School Care resumes Monday 14th October 2019

### SCHOOL READINESS:

*Do you have a little one starting school next year?*

### Transition to Primary School

- Help your child put on their school shoes and walk in them.
- Let them try dressing in their school uniform.
- Encourage them to write the letters of the alphabet.
- Let them practise drinking from the bubbler.
- Guide them to cut and paste pictures from a magazine and draw pictures
- Learn more at <https://education.nsw.gov.au/early-childhood-education/information-for-parents-and-carers/transition-to-school>

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# STEP INSIDE OUR SERVICES

## PENSHURST BEFORE, AFTER SCHOOL CARE & VACATION CARE

Term 3 has seen a lot of new programs and activities beginning. We teamed up with Cricket NSW to host a 5 week cricket program on Wednesdays that has been very popular with all ages. Two coaches come in for an hour with all the equipment they need to run a program that has been a good mix of skills training and games. As a focus of our services to provide more varied activities and build engagement for those aged 9 years and over, we have begun a game, or 'campaign', of Dungeons and Dragons. This is a classic role playing adventure game that started back in the 1970's which involves the children taking on a character and adventuring together with their friends, solving problems and fighting battles all with a handful of dice and their imagination. The games continue across the weeks and have so far seen our brave adventurers get caught up in an old sibling rivalry arguing over some ancient armour, taking on a job as escorts for some valuable cargo and solving the mystery of (and hopefully rescuing) their missing employer.



Another activity we hoped the years 9+ children would enjoy was the social game known as 'Mafia' or 'Werewolf'. This game was an old favourite of some of the children and has taken off again across the whole service. It has been great to see children across all ages, genders, friendship groups and schools playing together. The game involves children being secretly assigned different roles that require them to perform a number of actions without drawing the suspicion of other players. It is a fantastic game for building friendships, social skills and for children to explore their own identities.

We were lucky enough to receive a donation with some exciting resources as well as making a purchase of some new equipment. We now have children enjoying epic Beyblade battles in a brand new stadium and bug hunting and exploring nature has kicked up a notch with new bug hunters and portable microscopes. During Science Week we made colourful volcano eruptions and also blew up balloons using the gas produced in the chemical reaction between bicarbonate of soda and vinegar.

Educator Janette has also been sharing her gardening and sustainability knowledge by showing children how to weed non-native plants out of our park, how to plant and care for new plants and the impact of waste on our environment.



Looking ahead to the end of October, we will be having Grandparents Day! If there is a grandparent or older carer in your child's life, who has a skill or activity they would like to share with the children on this day, then let us know.



## PENSHURST WEST AFTER SCHOOL CARE

It's been another fun filled term here at Penshurst West!

Of great interest to children this term has been cooking with many of our children engaging in cooking, designing afternoon tea menus, trying new foods, writing shopping lists, playing restaurant dramatic play and helping in our Vegetable and herb garden. A few of the children have come up with suggestions for food that we could prepare and cook. Suggestions have included; French Toast, Mashed Potato and Charcoal Pancakes (or what we like to call Concrete Pancakes!). The children have loved being involved in process of sourcing the ingredients, reading the recipes, measuring the ingredients and eating the end product!



This term we have also been encouraging our older children to be more involved in some of the 'behind the scenes' stuff at After School Care. Anoushka, Dakota, Lina, Abigail have all been eager to take part in planning our after school care menu and writing shopping lists. The girls designed a menu that included things like Veggie wraps, sandwiches, Saos with spreads and fruit & Veggies with dip. They then worked together on ensuring they had all the necessary ingredients listed so Ange and Coralie could get them from the supermarket. With some warmer weather arriving, we have been very excited to refresh and add to our Vegetable and Herb Garden. Many of our children have been involved in weeding, watering, digging, planting and composting our garden. This term we have seen some Coriander and Parsley pop up out of the ground while our Rosemary and Mint are still growing like crazy. We also tried an experiment by replanting a couple of store-bought lettuces that we didn't get to use for afternoon tea one week. So far, they have grown a few new leaves. The children are amazed to see that something we had bought from the supermarket can keep producing more food.

It was great to be involved in the Father's Day breakfast and see so many Dad's, Grandad's and carers involved. Everyone looked like they were enjoying all the yummy food and having fun. It's hard to believe we are heading into term



4! That means warmer weather, daylight savings, we will be taking advantage of this and doing lots more outdoor play and top playground afternoons. We hope you have a wonderful school holidays, we some of you at Vacation Care and look forward to seeing all next term. Ange, Coralie and team.

Ange and Coralie



## NARWEE BEFORE, AFTER SCHOOL CARE & VACATION CARE

The Narwee tribe has been super busy this term with the arrival of new resources, and a focus on active play. Children this term have been exploring their gross motor and physical movement skills further by demonstrating an interest in tennis. This has involved most children in before and after school care and has been an ongoing focus for the entire term since the weather has started to warm up. Children have shown hand—eye coordination, social play, turn taking and locomotor skills throughout this play. We have encouraged this interest further with the inclusion of music from the Bluetooth speaker and OOSH playlist, the need for more tennis balls which were donated by Brody and his mum and educator inclusion as Tara brought in her racquet from home.



Children's interests have further been supported through their request for new board games and UNO flip. Srijit in particular requested Harry Potter Cluedo and UNO flip. Since purchased regular favourites include Rubiks race, Pictureka, UNO flip and Harry Potter Cluedo. These games have provided children with an opportunity to analyse information, make predictions, demonstrate turn taking skills, explore social contexts, communicate effectively and engage for long periods of time in the activity. Arts and crafts and the wooden blocks have also been a focus for this term as children explore their creativity, imagination, social play and fine motor skills. In particular Brody, Shirley, Philip, Jackson and Leorick have been exploring the arts and crafts table this term, using it to enhance their dramatic play or to incorporate in their outdoor play. They have designed images that reflect popular culture such as Captain Underpants, dragons from How to Train your Dragon and Spongebob while others have focused on creating real life images such as whales and ships like the Titanic.

Term 3 has provided our Kindergarten children with the opportunity to demonstrate independence as they began transitioning to and from the hall in both Before and After school care. They can now do this confidently on their own or with their peers. It has been a rewarding time for educators as we have watched them grow and become independent throughout this year.

We have been continuing with our photo wall with the use of the polaroid camera and children have loved seeing themselves and their peers up on the wall, identifying their birthdays and similar dates or months. This has further established strength in their identity and connection within our service as they gain further a sense of belonging and ownership within the environment.





## NARWEE BEFORE, AFTER SCHOOL CARE & VACATION CARE

Nina has kindly brought in Coles little shop items such as trolleys, baskets, bags and aprons and we have added these to our dramatic play area with the food and cooking items. Children have absolutely loved this area and have continued to extend on their own learning by creating a grand opening for a new Coles equipped with groceries, a café, call centre and kids play area. This idea stemmed from Magenta and Srijit who collaborated with their peers in After school care, extending this further over the next few days as they continued exploring play.



Jackson has also loved mucking around with his peers in Before school care as he becomes “Grandpa Jackson” who eats all of the shop items. Tara, Nina and Coralie all attended the first two kindergarten transitions for the year, making connections with new families and supporting our growing families within the service. We also focused on making connections with more families by providing a coffee van during the morning to supply free coffee for parents in the school grounds. Chris from our admin team joined Coralie and Tara in talking with new and existing families, we enjoyed talking with you all. Educators this term have been discussing ways we can support our communities further and in particular how can we focus on sustainability further. Lids 4 Kids has been our focal point and in Term 4 we intend on

implementing this further. We ask all families to collect lids from milk bottles, water bottles and drink bottles that have either a 2 or 4 printed on the inside of the lid. We will be collecting and washing these lids and donating them to lids 4 kids. These lids are then sorted in colours, mulched down and made into prosthetic arms for children in need. Our storeroom floor was also updated this term, and it is looking much better. By removing the asbestos tiles and placing down new flooring the environment is cleaner and safer for all. This also gave Tara the chance to clean out the storeroom again.

Educators have also attended a Menu planning and Physical Activity workshop run through South Eastern Sydney Local Health District Health Promotion Service. This workshop gave insight into the Eat Smart, Play Smart book, the healthy eating guidelines and the importance of supporting children’s recommended daily exercise through physical activities. Educators were provided with resources to support their services and our service has done this already through our transition games in Before school care. We have introduced two new games to children this week being Monkeys, which is similar to stuck in the mud, and mountains and molehills. Children have really enjoyed the new games and are eager to be involved.

We hope you all have a great school holidays and we will see you in Term 4!



## MORTDALE AFTER SCHOOL CARE

Term 3 at Mortdale After School Care has been full of activities and experiences giving the children opportunities to explore, be creative, build friendships and be active. Educators have extended on the children's interests providing new experiences to extend on previous popular activities.

Craft continues to be a favourite every afternoon at the Centre. Origami and card making were combined to make various gift cards including colourful, personalised cards Fathers Day cards created by the children.

Origami ninja stars and sail boats required concentration and fine motor skills with the children proudly showing others their folded creations. Wool is enjoyed by both girls and boys with Educator Mandy teaching the children to make gorgeous mini beanies and cute octopuses from a foam ball and plaited wool. The children have had fun and used their imagination with the beading, painting and playdough on offer.

Sensory play is particularly popular with our younger children who will spend long periods of time playing with Kinetic Sand, playdough and other materials. Educator Andre devised “ Cloud” play combining cornflour, hair conditioner and shaving foam. The children commented that the mixture felt like a cloud and so it was named. The children loved exploring the texture and smell of the “ Cloud”, relaxing them and providing a fun shared experience. Squishy toys were also made by filling a balloon with cornflour and water. The children were hands on in this activity, making the mixture, filling the balloons, tying the end and then happily playing with them for hours.

Construction with wooden blocks and dominoes has filled our hall floor throughout this term. Large and complex wooden structures have come to life requiring team work, trial and error and concentration amongst the children. Domino tracks have kept small groups of children busy with them carefully placing dominos into formations and experiencing the exhilaration of knocking them over to everyone's delight. Spontaneous group activities often occur at the Centre with children collaborating to perform Magic Shows or Talent Shows that the children organise themselves then perform to an eager audience. It is great to see the children's confidence, imagination and talents on display.

One of our favourite whole group activities which helps give the children a sense of belonging is our Oreo Challenge and our new Weetbix Challenge. The children love lying on their back and having an Oreo biscuit placed on their forehead, then using their facial muscles to manipulate the biscuit down their face and into their mouths. Hands cannot be used and the biscuit cannot fall. The children cheer each other on, offer tips and encourage one another. The Weetbix Challenge involves seeing who can eat a dry Weetbix in the shortest amount of time - a real treat to see!

Cooking this term has had the children measuring, mixing, cutting , peeling and of course eating treats such as waffles, pancakes, potato salad and toasties. With all this energy to burn, outdoor soccer, Newcomb Ball, Commando, handstand competitions, basketball and handball have been enjoyed this term by children and Educators alike. We look forward to seeing you in Vacation Care. Andre, Sally, Mandy, Kayla and team.

## ROCKDALE BEFORE, AFTER SCHOOL CARE & VACATION CARE

Term 3 has been a very busy term and we have welcomed some new children and families to our service. We have reviewed our afternoon tea menu and made changes in response to children's likes and request; and encouraging healthy eating with more fruit and vegetable options.

Our main goals are to support our children's needs and interests and have them engaged in positive play. We support the children to manage emotions, deal with challenges that arise and build positive relationships with their educators and peers. Our youth mentoring program is popular with the children who continue to build positive relationships with the Youth leaders and young people from 3Bridges Youth Zone who visit on Wednesday afternoon and engage the children in play and conversations.



To increase engagement and provide a healthy outlet for all their energy, we have taken advantage of the warmer weather and spend many afternoons in the school park across the road. The children have access to the playground equipment, sand pit, natural areas and large grass areas where they enjoy a variety of sport e.g. soccer, tag, football etc. We have been offering afternoon tea in the park on some days to reduce waiting time for children's play.

The children are responding well as we continue to trial and improve our practices, routines and activities based on their feedback and our observations.

Our new drumming program, "Drum Beat" commenced week 5, led by drum teacher, Noha. Apart from learning drumming the sessions also teach children patience, listening skills and allow expressions of emotions through music and conversation. Noha has adapted the program to our children and included mindfulness activities. There is now a well established group of children who enjoy the sessions each Thursday afternoon. We continue to support social, emotional skills development with many activities planned during Vacation Care including Life Skills leading fun Mind and Awareness Challenges. A consistent third educator also supports relationship building with Mahes working four days per week.

Open communication with school leadership has ensured that our Vacation Care program is not negatively impacted by the maintenance works planned during the school holidays. Our Vacation Care Programs are available on line and at the service. Feel free to come in and collect a copy.

Ofa, Elisar, Mahes and team.





## MASCOT BEFORE, AFTER SCHOOL CARE & VACATION CARE

We start the Mascot OOSH News with the arrival of Karen Inostroza, our new Service Manager. Kaz has been super busy settling into the service & getting to know all of the amazing Mascot children, families & educators. We have also welcomed a number of new casuals to the educator pool to help us have as much fun as we can. We had a great July Vacation Care program with the Australian Museum being a great success.



The children's feedback on fantastic Fin's inter-centre sports day was so positive we're having him back for more fun in October Vacation Care. The Programs are out now! And on the sign in/out bench. Pick up a copy today.

This term has seen children participating in a variety of activities over their weekly playtime in both before & after school care. With such a large outdoor play space, there has been a great interest in badminton challenges with kindergarteners giving it their best & the older tweenies challenging each other with some serious talent. There seems to be no remedy to the ongoing daily soccer fever with countless goals scored.

We continue to see great collaborative teamwork. Basketball shoot-outs at the courts is always a favourite with other children choosing to enjoy the warmth of an afternoon on the grass with their friends, cartwheeling, running relay /wheelbarrow races, games & telling funny stories.

The great Indoors space has given way to a very recent and new sewing frenzy! We have seen many children master the art of basic sewing stitches making their very own mini pillows - really challenging their hand/eye coordination skills and persevering mind-set too. This activity provided opportunities for older children to support, lead & positively teach the younger children through the experience.

Our mini master builders of wooden Kapla blocks have been creative on a GIANT scale. Way to go!





## MASCOT BEFORE, AFTER SCHOOL CARE & VACATION CARE



The **afternoon tea menu has had a makeover** much to the children's delight - a mix of pasta's, fruits, veggies, yoghurts, popcorn and more. This is still being reviewed with the children's ongoing feedback we would love to hear your feedback or suggestions too. This Term our older children had the opportunity to help with the Mascot parent BBQ Morning provided by our very own 3Bridges Community Team. So, it was on with the gloves & set to work with bread & serviettes preparation, serving at the counter

& handing out sausages! Yet another opportunity for the children to be engaged with their school community.

Shirin and Karen attended Menu planning and Physical Activity workshop run by Department of Health's Health Promotion Services whose nutritionist also contributed to the review of our Nutrition Policy. We would also appreciate your feedback on our newly drafted Nutrition Policy. On display near sign out desk.

**Why do our educators encourage so much playtime? Why are our educators so passionate about children having a say in what their playtime looks like?** Well the answer is simple because children LEARN & GROW through play!

This term our children learnt to interact with their peers with care, empathy & respect. Children achieved a sense of belonging to their school community, their autonomy and resilience was supported. Children have learnt to understand and take responsibility for their own health and physical wellbeing. With all this said they are continuously becoming creative, committed to their projects, persistent in achieving their desired outcomes in play and are gradually becoming more confident in their communication with educators and their peers. There's a lot more to the world of PLAY than meets the eye.

From Karen, Shirin, our Educators, we hope you enjoy this term's newsletter

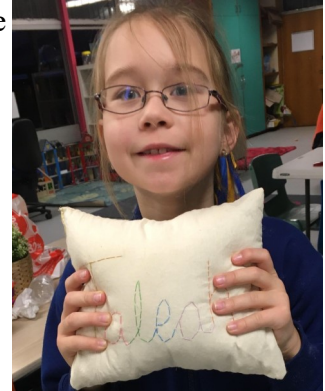


## MILPERRA BEFORE & AFTER SCHOOL CARE

Milperra educators have been supporting and guiding children through what has been an amazing learning adventure during term 3. Children's current knowledge, strengths and ideas form the foundation of the service's daily program and educators work collaboratively with children to meet their needs, requests and interests.

This term Educators critically reflected on the needs of the children and the learning environment, this took Educator Yessica and Michelle to collaborate thoughts and practice intentional teaching which successfully transitioned two areas in our centre into four, enabling children to develop their autonomy, curiosity, creativity and sense of agency.

Children at Milperra have been challenged by the art of sewing, developing many new skills including, threading, embroidery, learning new stitches like the blanket stitch, knotting as well as developing the skill of persistence, cooperation, enthusiasm, commitment, problem solving while developing their fine motor skills. Children showed off their project of pillows to friends and family excited for the next sewing adventure.



This term children were supported to collaborate, learn from and help each other through group play which continues to be a favourite today amongst all the children within our service. This game of Werewolf brings children together through storytelling, narrating, suspense and some very talented secret werewolves holding a straight face. Educators taught children how to play and now children have lead the way and are able to invite and initiate the game without any educator assistance.

Children continued the fun with lots of crafty activities this term like Clay pottery making, water colour painting, playdough making with glitter, Hama beads, finger knitting, nail polish and dragon castle making out of recycled boxes donated by one of our amazing families.

Children have also enjoyed participating in cooking experiences especially our Margarita pizza making workshop which taught children how to make their own pizza from scratch. Children made and rolled their dough for their pizzas.

The smell of yummy pizza was in the air!



## MILPERRA BEFORE & AFTER SCHOOL CARE

Who said chairs were just for sitting on, blankets for keeping warm and mats for exercise? At Milperra you will find amazing builders creating cubby houses and fort masterpieces out of all these materials. Children develop creativity, cooperation, confidence, imagination and so much more!



We welcome the Milperra OOSH dancing queens who dance our mornings and afternoons away to fun classics like Queen, the Beatles, Ricky Martin and the Rocky song. Children scaffolded these fun play experiences to hosting and performing in the Milperra Voice show, where office chairs became judges chairs that turned when they like a contestant's performance.

New additions to our service resources include new board games Diary of a Wimpy Kid's, Cheese Touch and Googly Eyes which have brought many more smiles, laughs and group play. A sensory box has also been incorporated into our program with items such as slimes, putty, Slinky's, fidget spinners, Rubix cube, feather and other fun touching objects.

Milperra OOSH held our first ever exclusive Year 5 & 6 movie screening this term as it had been requested by the children in this age group. Next we have our Year 3 & 4 movie coming up and the children are so excited. Opportunities like these teach our children to be resilient, confident and to interact with each other with care and respect as well as develop such skills as inquiry and independent thinking.

Educators together with the children of Milperra OOSH have had such an amazing Term and look forward to celebrating and achieving so many more learning adventures together.

We would also like to thank all our amazing families for donations of dress ups, toys and recycled materials. These donations allow educators and children to achieve many more positive and creative outcomes in our service. Yessica, Tom, Kaitlin and Michelle & our casual educators wish you a restful break and look forward to seeing you next Term!





## SUMMER HILL BEFORE, AFTER SCHOOL CARE & VACATION CARE

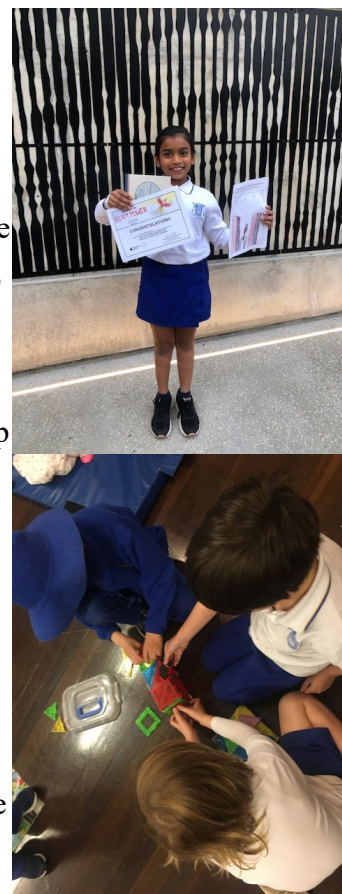
Term 3 started full of surprises including new sports equipment and toys and many events to celebrate. Events included Father's Day – creating cards and badges; Book Week – children discussed and drew the costume design of their favourite book character; Mid-Autumn Festival – celebrated with beautiful and colourful art/craft and much more. We are very proud and excited to announce that one of our children won the Ashfield Library competition we participated in last term. Well done Kimaya! We are so happy that you got the prize. This win will definitely inspire our children to enter next time. Children continuing with their roles of helping with documenting the children's meeting in the meeting book, writing the activities on the whiteboard and giving out soap and paper towels to wash and dry hands ready for afternoon tea. Children are also speaking up during meetings, confident to bring up topics to discuss and contribute to their programs, etc.

The children have been having input to what they would like to see on the menu for Term 4. Children are going around and asking each others for ideas and we've had some creative choices. We were delighted to have a parent (Belinda) come and give our 3B children a fantastic presentation about sun safety. She spoke to us about the effects of the sun and the impact it has on our bodies as well as the importance of sunscreen. We were very pleased that our children were able to hear this great piece of information and learn from it. Thank you so much Belinda.

If you are a parent of a 3B child, and have an interesting/helpful topic to share, or some tricks up your sleeves or even if you would like to share things about your job, come talk to us about it and we can arrange a suitable time to enhance the children's knowledge.

Children's indoor interest this term include, cubby house making, cooking, building big towers out of the new Jenga blocks, colouring, drawing, and pretend restaurant play. They are being very creative and imaginative while developing new skills, negotiating, planning, presenting ideas and engaging with one another.

The children are actively engaging in and enjoying a variety of outdoor activities including handball, cricket, soccer, basketball, yoga, tennis, and hula-hoops. We purchased new sports equipment for the children to promote physical activity, exploration and learning through play e.g. soccer balls, skipping ropes, stilts, footballs, Frisbees, parachute. These activities have been very popular and apart from being fun help the children enhance their gross motor skills, good sportsmanship and keep them healthy and active.



## SUMMER HILL BEFORE, AFTER SCHOOL CARE & VACATION CARE

We will also be hosting a Breakfast Club every morning for our 3B children from 7.00 to 8.00am from Term 4. So come on down and try our breakfast in Week 1.

Cooking has been as popular as ever with children helping to prepare afternoon tea and enjoying the product of delicious recipes such as Spaghetti Bolognese and pancakes. Our Educator team critically reflected on afternoon tea asking the children if we could do it better. As a result of their input we are now servicing afternoon tea a lot quicker by increasing the number of children and educators serving and opening a third serving window from the canteen. The Kindies are served from one window and Years 1, 2 & 3 from another and Years 4,5 and 6 from the third window. Thank you to the Canteen for clearing the bench space to allow safe access to the Kindy window. We also reviewing our 5pm transition from outdoors to indoors to ensure children come back calm and ready for indoor activities and collection.

Spring is here and Summer is coming. We plan to do some planting so we can enjoy a garden nicely decorated with some lovely flowers.



We continue to use the Demountables 1, 2 and 3 during band practice and rehearsals in the hall. To make it clearer to families, the children's school bags will be placed outside the demountable being used. The alternate space is provided in collaboration with the school to ensure a calm and relaxed environment for the children that promotes their wellbeing.

We have contacted the ambulance to arrange a visit and talk about the importance of children's health and safety and how to prevent serious incidents from happening.

Vacation Care bookings are now available. We have planned for your fun, the movies, excursion to Lyne Park Rose Bay, Got Game, Space Day, Cooking and Gardening. For more, pick up a program from the service online at <http://www.afterschoolcare.org.au/> Summer Hill.

So quick, get booking and come join the fun!

Bruna, Connie, Joane, Jaime and team hope you have a safe, relaxing holiday break and look forward to seeing next term for more fun.



## ZUCCHINI SLICE



### Ingredients:

- 5 eggs
- 150g (1 cup) self-raising flour, sifted
- 375g zucchini, grated
- 1 large onion, finely chopped
- 200g rindless bacon, chopped
- 1 cup grated cheddar cheese
- 60ml (1/4 cup) vegetable oil

### Method:

1. Preheat oven to 170C.
2. Beat the eggs in a large bowl until combined. Add the flour and beat until smooth, then add zucchini, onion, bacon, cheese and oil and stir to combine. Remove
3. Grease and line a 30 x 20cm lamington pan. Pour into the prepared pan and bake in oven for 30 minutes or until cooked through. Add

**Recipe credit: [Taste.com.au](http://Taste.com.au)**



## REFERENCES AND EXTERNAL LINKS:

### Network of Community Activities:

[https://  
networkofcommunityac-  
tivities.org.au/](https://networkofcommunityactivities.org.au/)

### The National Quality Framework:

[http://  
www.acecqa.gov.au/  
families/what-the-nqf-  
means-for-your-child](http://www.acecqa.gov.au/families/what-the-nqf-means-for-your-child)

### Healthy eating guide- lines:

[https://  
www.eatforhealth.gov.au/  
sites/default/files/files/  
the\\_guidelines/  
n55f\\_children\\_brochure.p  
df](https://www.eatforhealth.gov.au/sites/default/files/files/the_guidelines/n55f_children_brochure.pdf)

### Human Services:

[https://  
www.humanservices.gov.a  
u/customer/themes/  
families](https://www.humanservices.gov.au/customer/themes/families)

### My Time Our Place Framework:

[http://files.acecqa.gov.au/  
files/National-Quality-  
Framework-Resources-  
Kit/  
my\\_time\\_our\\_place frame  
work for school age care  
in australia.pdf](http://files.acecqa.gov.au/files/National-Quality-Framework-Resources-Kit/my_time_our_place_framework_for_school_age_care_in_australia.pdf)

## FEEDBACK

### Quality Area 6: Collaborative partnerships with families and communities

*6.2 Families are supported in their parenting role and their values and beliefs about childrearing are respected.*

*6.2.1 The expertise of families is recognised and they share in decision making about their child's learning and wellbeing.*

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*We have been reviewing our Nutrition and Safe Food Handling Policy and have redrafted it with advice from Department of Health Dietician.*

*We also welcome your feedback. You will find the latest draft displayed at your service.*

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Thank you for your feedback. We will review the ways in which we communicate and our nutrition policy based on all feedback received.